

## Are you able to help those less fortunate this Christmas?

Helston & the Lizard foodbank operates from the Helston-based charity The Mustard Seed, in partnership with The Trussell Trust. This service does not receive any national financial assistance and, sadly, the need for it continues to rise each year. At Christmas they will be

- ❖ providing hampers to people who would not have a Christmas meal.
- ❖ offering a 'one off' food box, during December for families who are in receipt of free school meals, hoping that this will ease the burden a little as Christmas approaches.
- ❖ serving Christmas lunch at Mawgan Village hall on Christmas Day 12.30pm for 1pm for anyone lonely, bereaved, homeless, or just in need. (If you fall into this category and would like to have a Christmas dinner, please email [advice.mustardseed@post.com](mailto:advice.mustardseed@post.com) or phone Mustard Seed on 01326 280039).

This Christmas, the Mayor's Fund is proud once again to be supporting the Helston & the Lizard foodbank and will be donating £500 to provide additional food to those most vulnerable individuals and families in the Helston area.

Should you wish to join the Mayor's Fund in assisting the foodbank this Christmas, the Town Council is collecting donations. Cheques should be made payable to the "**Town Mayor's Welfare Fund**" and either handed in to the Town Clerk's office or sent to The Guildhall, Helston TR13 8ST and marked '**Foodbank**'.

Of course, there are other ways that you can assist the foodbank - donations of food can be dropped to The Mustard Seed, 14-16 Wendron Street and other locations around the town. Drivers are also needed for hamper deliveries. For more information please contact Mustard Seed ([mustardseed@post.com](mailto:mustardseed@post.com) or 01326 564194)



John Martin  
Town Mayor



David Williams  
Mustard Seed

